

# RECREATION AND LEISURE SERVICES

**Program:** RELN

**Credential:** Ontario College Diploma

**Delivery:** Part-time

**Length:** 4 Semesters

**Duration:** 2 Years

**Effective:** Fall 2026, Winter 2027, Summer 2027

**Location:** Online

## Description

Students are introduced to skills and knowledge needed to succeed in recreation and leisure services. The curriculum includes community recreation, outdoor adventure, arts, culture, heritage, leisure, fitness, retirement activities, life enrichment in long term care, adaptive-therapeutic recreation, facility operations, programming, and event planning. Business administration fundamentals are incorporated with courses in marketing, accounting, technology, human resources, entrepreneurship and research. Experiential learning opportunities include participation in a number of events or programs working with children to seniors. Students gain proficiency in leadership and group facilitation by designing, delivering and evaluating diverse, inclusive, relevant, environmentally sustainable recreation leisure and wellness initiatives.

## Career Opportunities

Career opportunities include:

- retirement home and long term care activity director/life enrichment,
- adaptive/therapeutic recreation,
- facility and parks operations,
- municipal programmer,
- administrator in community, arts, heritage and cultural organizations,
- leader, director, facilitator at registered charities,
- athletics in education institutions,
- fitness and healthy/active lifestyle centres,
- private and commercial clubs,
- event planning services,
- recreation supervisor-youth organizations,
- resorts-sport and recreation manager,
- outdoor and adventure recreation.

## Program Learning Outcomes

The graduate has reliably demonstrated the ability to:

1. develop, implement and evaluate inclusive recreation, leisure and wellness programs and events for individuals, groups and communities which respond to assessed needs, interests, abilities and that use available resources and incorporate best practices;
2. apply administrative and customer service skills to support the delivery of recreation, leisure and wellness programs, events and services;

3. analyze, develop and implement marketing strategies to reach diverse individuals, groups and communities for programs, events, services and facilities using current communication technologies;
4. contribute to the development of fiscally sustainable and responsible recreation, leisure and wellness programs, events and services using current and relevant principles and practices of business, finance and social entrepreneurship;
5. supervise, lead and support the development of staff and volunteers involved with recreation, leisure and wellness programs, events and services;
6. apply safety and accessibility practices to the efficient operation and administration of recreation and leisure facilities and settings;
7. promote the benefits and values of recreation, leisure and healthy active living and recommend inclusive programs, events and services to individuals and groups;
8. apply community development strategies which engage citizens and community partners while advocating for healthy communities;
9. develop strategies for ongoing personal and professional development as a recreation and leisure services professional;
10. utilize environmentally sustainable practices;
11. select basic entrepreneurial strategies to identify and respond to new opportunities.

## Articulation

A number of articulation agreements have been negotiated with universities and other institutions across Canada, North America and internationally. These agreements are assessed, revised and updated on a regular basis. Please contact the program co-ordinator for specific details if you are interested in pursuing such an option. Additional information can be found on our website at <https://www.georgiancollege.ca/admissions/credit-transfer/> (<http://www.georgiancollege.ca/admissions/credit-transfer/>)

## Admission Requirements

- Ontario Secondary School Diploma (OSSD) or equivalent, or mature student status
- Grade 12 English (C or U)

Mature students, non-secondary school applicants (19 years or older), and home school applicants may also be considered for admission. Eligibility may be met by applicants who have taken equivalent courses, upgrading, completed their GED, and equivalency testing. For complete details refer to: [www.georgiancollege.ca/admissions/academic-regulations/](https://www.georgiancollege.ca/admissions/academic-regulations/) (<https://www.georgiancollege.ca/admissions/academic-regulations/>)

Applicants who have taken courses from a recognized and accredited post-secondary institution and/or have relevant life/learning experience may also be considered for admission; refer to the Credit for Prior Learning website for details: [www.georgiancollege.ca/admissions/credit-transfer/](https://www.georgiancollege.ca/admissions/credit-transfer/) (<https://www.georgiancollege.ca/admissions/credit-transfer/>)

## Criminal Reference/Vulnerable Sector Check

Placement agencies require an up-to-date clear criminal reference check and vulnerable sector check prior to going out on placement. Students

should obtain their criminal reference three months prior to placement; checks conducted earlier may not be considered current. As some jurisdictions require longer lead-time for processing, please check with the program coordinator to ensure you allow for sufficient turn-around time. It is the student's responsibility to provide the completed document prior to placement start.

NOTE: A record of criminal offences, for which a pardon has not been granted, may prevent students from completing their placements, thereby affecting their ability to graduate.

## Graduation Requirements

16 Program Courses  
3 Program Option Courses  
2 Communications Courses  
3 General Education Courses

## Graduation Eligibility

To graduate from this program, the passing weighted average for promotion through each semester, from year to year, and to graduate is 60%. Additionally, a student must attain a minimum of 50% or a letter grade of P (Pass) or S (Satisfactory) in each course in each semester unless otherwise stated on the course outline.

## Program Tracking

The following reflects the planned course sequence for full-time offerings of the Fall intake of the program. Where more than one intake is offered contact the program co-ordinator for the program tracking.

Semester 1		Hours
Program Courses		
COMP 1058	Technology in Administration	42
REAS 2003	Research in Recreation and Sport	42
RECR 1000	Introduction to Recreation	42
RECR 1001	Program Planning	42
Communications Course		
Select 1 course from the Communications list during registration.		42
General Education Course		
Select 1 course from the General Education list during registration.		42
<b>Hours</b>		<b>252</b>
<b>Semester 2</b>		
Program Courses		
FITN 1002	Fitness and Wellness	42
FNCE 1003	Financial Analysis	42
MKTG 1000	Introduction to Marketing	42
RECR 1002	Event Planning	42
RECR 1006	Recreation Across the Lifespan	42
Communications Course		
COMM 2021	Dynamic Presentations	42
<b>Hours</b>		<b>252</b>
<b>Semester 3</b>		
Program Courses		
RECR 2003	Sport and Recreation Administration	42
RECR 2012	Arts Culture and Heritage in Recreation	42
RECR 2013	Recreation Leadership and Group Dynamics	42
RECR 2014	Inclusive and Adaptive Recreation	42
General Education Course		
Select 1 course from the General Education list during registration.		42
Program Option Course - Group 1		

Select 1 course from the available list during registration.		42
<b>Hours</b>		<b>252</b>
<b>Semester 4</b>		
Program Courses		
RECR 2001	Outdoor Recreation and Environmental Sustainability	42
RECR 2006	Community Development	42
RECR 2016	Professional Opportunities and Issues	42
General Education Course		
Select 1 course from the General Education list during registration.		42
Program Option Course - Group 2		
Select 1 course from the available list during registration.		42
Program Option Course - Group 3		
Select 1 course from the available list during registration.		42
<b>Hours</b>		<b>252</b>
<b>Total Hours</b>		<b>1008</b>

## Code Title

### Program Option Courses - Group 1 may include:

BUSI 2025	The Business of Esports
RECR 2005	Sport and Recreation Facility Operations
RECR 2015	Therapeutic Recreation

### Program Option Courses - Group 2 may include:

ENTR 1000	Social Entrepreneurship
ENTR 2009	Entrepreneurship and Small Business

### Program Option Courses - Group 3 may include:

RECR 2017	Activation in Gerontology
TOUR 2014	Sports Tourism

## Graduation Window

Students unable to adhere to the program duration of two years (as stated above) may take a maximum of four years to complete their credential. After this time, students must be re-admitted into the program, and follow the curriculum in place at the time of re-admission.

**Disclaimer:** *The information in this document is correct at the time of publication. Academic content of programs and courses is revised on an ongoing basis to ensure relevance to changing educational objectives and employment market needs.*

*Program outlines may be subject to change in response to emerging situations, in order to facilitate student achievement of the learning outcomes required for graduation. Components such as courses, progression, coop work terms, placements, internships and other requirements may be delivered differently than published.*